

FONDAZIONE



ASSOCIAZIONE
RICERCA TERAPIE
ONCOLOGICHE
INTEGRATE



International Society for
Traditional, Complementary
& Integrative Medicine Research



European Congress
for Integrative Medicine

2ND WORLD CONGRESS OF INTEGRATIVE MEDICINE AND HEALTH

Rome - September 20-23, 2023

ANGELICUM CONGRESS CENTER

18th International Congress on Complementary Medicine Research (ISCMR)

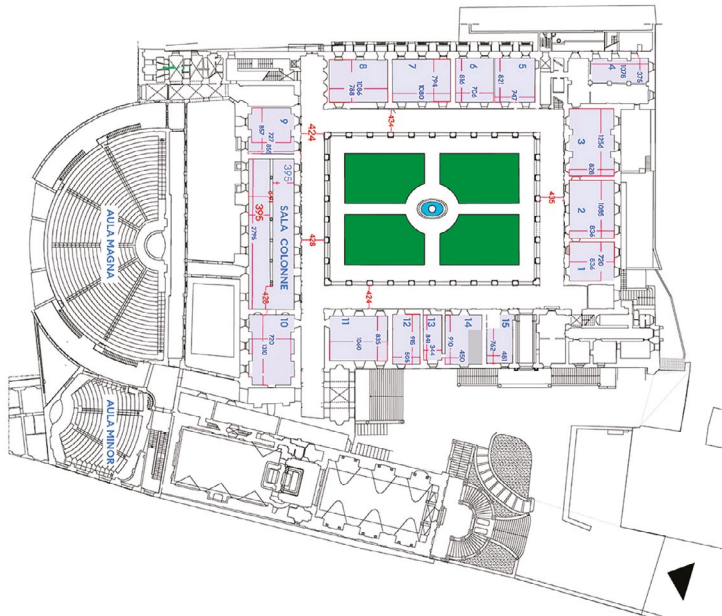
15th European Congress for Integrative Medicine (ECIM)

11th ARTOI International Conference



ANGELICUM CONGRESS CENTER

Largo Angelicum, 1 | 00184 Roma



GREETINGS FROM CONGRESS PRESIDENTS

Dear Colleagues,

As presidents, it is our pleasure to invite you to the 2nd World Congress on Integrative Medicine & Health (WCIMH) in Rome September 20-23, 2023.

This event also marks the 18th International Congress on Traditional, Complementary & Integrative Medicine Research (ICCMR), the 15th Congress for Integrative Medicine [ECIM] and the 11th ARTOI International Conference (ARTOI).

The 2nd World Congress WCIMH arises from multiple needs: first of all, that of selecting and presenting the best research activities conducted worldwide, in the experimental and clinical fields, on traditional, complementary and integrative medicine and health. Research that aims to advance theoretical knowledge and expand and diversify concrete applications to benefit people's health and well-being.

For this reason, ample space is reserved for the various and numerous experiences of integrating complementary medicine into health resources and even more within healthcare systems worldwide. The values of this Congress are the strong international imprint we have left, focusing on the experiences made in every corner of the planet, always supported by the best scientific evidence available, and including treatment systems that have their roots in millenary traditions.

We defined several exciting congress topics including integrative oncology and the range of therapies for the person with cancer, in the awareness that the patients require and deserve a global approach aimed not only at improving their physical symptoms but also attentive to optimizing their emotional and mental well-being.

The clinical practice of traditional, complementary, and integrative medicine is the protagonist of many sessions, together with the deepening of research topics - basic, translational, and clinical - and the training of therapists and healthcare professional.

A global and integrated approach to well-being also means multidisciplinary collaboration between the various professional figures, synergy in the definition of an authentic path towards health: we, therefore, give importance to holistic treatments such as massage, mind-body techniques, touch therapy, healthy nutrition and physical activity, as an essential foundation for promoting a lifestyle that nourishes and sustains health.

Specific sessions are dedicated to the central themes of pediatrics because the child's health is the basis of the well-being of adults and society. Furthermore

an important and a actual focus will be on post-infectious diseases in the world scenario redesigned by COVID-19 and finally we will highlight the topic art and medicine, to work out the importance of art treatment for medicine and to reflect what medicine in art work.

Last but not least: the WCIMH takes up and relaunches the challenge of consolidating an international network of researchers, clinicians, and therapists in the beautiful town of Rome, The objective of this community should be to commit to promoting comparison, dialogue, and exchange of ideas, practices, and experiences - within our field and with conventional medicine - to advance together towards health for all, with respect for nature, the environment, and all living beings that inhabit the planet.

There is a saying: "All roads lead to Rome". We welcome you with great enthusiasm to the 2nd WCIMH in Rome in September 2023.

CONGRESS PRESIDENTS

Ting Bao

Massimo Bonucci

Benno Brinkhaus

Sian Cotton

Holger Cramer

Elio Rossi

Amie Steel

Claudia Witt

SPONSORS



PARTNERS





PATRONAGE



Istituto Superiore di Sanità



Consiglio Nazionale delle Ricerche



Ministero degli Affari Esteri e della Cooperazione Internazionale



Ministero della Salute

ROMA

Assessorato alle Politiche Sociali e alla Salute



Presidenza del Consiglio dei Ministri



COMMITTEES

CONGRESS PRESIDENTS



Bao Ting

MD Public Directory S.I.O. (Society of Integrative Oncology) - Director Integrative Breast Oncology Integrative Medicine and Breast Medicine Services Memorial Sloan Kettering Cancer Center, New York



Bonucci Massimo

PhD, MD, University Professor, Oncologist, President of ARTOI (Foundation for Research of Integrative Oncology Therapies), Italy



Brinkhaus Benno

MD, President of ESIM (European Society of Integrative Medicine) - Professor of Medicine - Director of the Complementary and Integrative Medicine Research Unit - Deputy Director of the Institute Charité - Universitätsmedizin Berlin - Institute for Social Medicine, Epidemiology, and Health Economics Berlin, Germany



Cotton Sian

PhD - Director and Professor, Turner Farm Foundation Chair - Osher Center for Integrative Health at the University of Cincinnati, Ohio - Dept of Family and Community Medicine, College of Medicine



Cramer Holger

PhD, University Professor, President of ISCMR (International Society for Traditional, Complementary & Integrative Medicine Research) - Professorship for research into complementary medical procedures Institute for general medicine and interprofessional care, Tübingen - Bosch Health Campus, Stuttgart - Chairman of the German Society for Naturopathy (DGNHK) - Specialist society of the AWMF



Rossi Elio Giovanni

PhD, MD, University Professor, Head of Homeopathy Clinic AUSL North-West Tuscany, Lucca - Regional reference structure for homeopathy Italy



Steel Amie

MD - Senior Research Fellow - School of Public Health - Faculty of Health - University of Technology, Sydney



Witt Claudia

PhD, MD Director of the Institute for Complementary and Integrative Medicine specialties - Mind Body Medicine - Integrative Medicine - Integrative Oncology - Departments Institute for Complementary and Integrative Medicine, Zurich

INTERNATIONAL ORGANIZING COMMITTEE

Boon Heather

Leslie Dan Faculty of Pharmacy - University of Toronto, Ontario, Canada

Falkenberg Torkel

Integrative Health Care Chair - Saco-S Karolinska Institutet - Huddinge, Sweden

Fazio Vito Michele

Institute of Translational Pharmacology, National Research Council (CNR), Italy

Fiorentini Carla

ARTOI Foundation, Italy

Fouladbakhsh Judi

Wayne State University; WSU College of Nursing, California

Gallego Perez Daniel F.

Program of Integrative Medicine, UNC-Chapel Hill - PAHO/WHO Regional Office for the Americas

Gelman Ricardo

Brazilian Academic Consortium for Integrative Health, CABSIN, Brasil

Giralt Isabel

Acupuncture Clinic and Integrative Medicine ENERGIMED, Barcelona

Guido Carmelo Pasquale

Fior di Prugna Centre - Center of Complementary Medicine Local Health Authority - Tuscany, Italy

Haramati Aviad

Division of Integrative Physiology - Dept. of Biochemistry, Molecular and Cellular Biology - Washington, USA

Hughes Gail

Epidemiology - Public health - NCDs - IV/AIDS - Integrative Health - University of the Western Cape

Lee Myeong Soo

Korea Institute of Oriental Medicine, Daejeon, Korea

Leung Brenda

Complementary and Alternative Healthcare, Faculty of Health Sciences, University of Lethbridge, Canada

Liu Jianping

Centre for Evidence-Based Chinese Medicine - Beijing University of Chinese Medicine, China

Locke Amy

Academic Consortium for Integrative Medicine and Health - Osher Center for Integrative Health, Salt Lake City, Utah

Martinez Natalia Sofia Aldana

VHL TCIM Americas (Virtual Health Library on Traditional, Complementary, and Integrative Medicine of the Americas)

Mazzuca Federica

U.O.C. Oncology, Sant'Andrea Hospital, Rome

Moreira Ana

Portuguese Society of Integrative Medicine (SPMI)

Rotter Gabriele

Outpatient Clinic for Integrative Medicine Charité - Berlin, Germany

Schiff Elad

Internal Medicine B, and Integrative Medicine Service - Bnai-Zion Medical Center, Israel

Thompson Elizabeth

National Centre for Integrative Medicine, UK

Wardle John

Maurice Blackmore Chair of Naturopathic Medicine - Southern Cross University - Lismore Campus, Australia

Willich Stephan

Institute of Social Medicine, Epidemiology and Health Economics - Charité - Universitätsmedizin Berlin, Germany

Wolf Ursula

Institute of Complementary and Integrative Medicine - Bern, Switzerland

LOCAL ORGANIZING COMMITTEE

Hunter Jennifer

ISMCR Communications Committee, ISMCR, Germany

Benvenuti Alessandro

Integrative Medicine, Freelance - Rome, Italy

Bonucci Felice

ARTOI Foundation - Rome, Italy

Cracolici Franco

FISA, WFAS, FISTQ, Acupuncture School of Florence, Italy

Di Stefano Mariella

Complementary and integrative medicine - Lucca, Italy

Fabiani Pamela

ARTOI Foundation - Rome, Italy

Tomassi Franco

ARTOI Foundation - Rome, Italy

PROGRAM COMMITTEES

Andreazzoli Francesca

U.O. Hematology Hospital of Versilia, Italy

Anelli Lorenzo

U.O. Oncology Rome, Italy

Anheyer Dennis

University of Witten/Herdecke, Germany

Baccetti Sonia

Integrative Medicine, Italy

Bradley Ryan

National University of Natural Medicine - Portland, OR USA

Braeutigam Carina

Integrative Care - Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio

Bugarcic Andrea

National Centre for Naturopathic Medicine - Southern Cross University, Lismore, Australia

Carlson Linda

Alberta Complementary Therapy and Integrative Oncology (ACTION) Centre, Canada

Chung Vincent

School of Chinese Medicine, Faculty of Medicine, The Chinese University of Hong Kong

Cohen Lorenzo G.

Integrative Medicine Program - Dept. of Palliative Care, Rehabilitation, & Integrative Medicine - MD Anderson Cancer Center, Houston - Texas

Cooley Kieran

National Centre for Naturopathic Medicine at Southern Cross University, Canada

Cracolici Franco

FISA, WFAS, FISTQ, Acupuncture School of Florence, Italy

Dusek Jeff

University Hospitals Connor Whole Health Cleveland Medical Center - Ohio, USA

Edwards Emmeline

Division of Extramural Research - National Center for Complementary and Integrative Health (NCCIH) - Bethesda, Maryland, USA

Esch Tobias

Institute for Integrative Health Care and Health Promotion (IGVF) - Witten/Herdecke University, Germany

Fabbri Alessia

Istituto Superiore di Sanità - Rome, Italy

Farinelli Claudio

Pediatric Disease, Rome - Italy

Ferreri Rosaria

Center for Integrative Medicine of Pitigliano for non-oncological pathways, Tuscany, Italy

Ferri Hammarberg Ivano

Integrative Oncology - Bologna, Italy

Fiorentini Carla

ARTOI Foundation, Italy

Gowan Donelda

Canadian Interdisciplinary Network of Complementary Medicine Researchers (INCAM)

Haller Heidemarie

Center for Integrative Medicine and Health - University of Duisburg-Essen, Germany

Hoenders Rogier

Centrum Integrale Psychiatrie (CIP) Lentis, Groningen

Ijaz Nadine

ISCMR, Germany

Jong Miek

NAFKAM Dept. of Community Medicine - Faculty of Health Science - The Arctic University of Norway

Lauche Romy

National Centre for Naturopathic Medicine, Southern Cross University, Lismore, Australia

Leach Matthew

National Centre for Naturopathic Medicine, Southern Cross University, Lismore, Australia

Ligabue Maria Bernadette

Correggio Hospital, IRCCS Reggio Emilia Rehabilitation Department, Italy

Michalsen Andreas

Institute for Social Medicine, Epidemiology and health economics, Berlin

Munk Niki

Health Sciences School of Health and Human Sciences - Indiana University, Indianapolis

Ortiz Miriam

Institute for Socialmedicine, Epidemiology and Health Economics - Charité - Universitätsmedizin, Berlin

Portalupi Emanuela

Association of Research and Studies for Anthroposophical Medicine and Italian Society of Anthroposophical Medicine, Italy

Ravagnan Giampietro

IFT-CNR, ARTOI Foundation, Italy

Samstag Yvonne

Molecular Immunology Section of the Heidelberg University Hospital, Germany

Schloss Janet

National Centre for Naturopathic Medicine - Southern Cross University - Lismore, Australia

Seifert Georg

University Medicine of Berlin - University of Sao Paulo - Faculty of Medicine, Department of Pediatrics, Brazil

Stock-Schröer Beate

Integrative Medicine and Health Sciences IGIM - University of Witten/Herdecke, Germany

Tinao José F.

Prevention and Integrative Medicine Unit at Olympia-Quirón, Spain

Voiß Petra

Integrative Oncology - Essen-Steele Hospital - Essen, Germany

Willich Stephan

Institute of Social Medicine, Epidemiology and Health Economics -
Universitätsmedizin Berlin, Germany

Zick Suzie

Integrative Family Medicine Program at the University of Michigan, USA

SCIENTIFIC ADVISORY COMMITTEE

Baars Eric

Leiden University of Applied Sciences, AJ Leiden, The Netherlands

Baumgartner Stephan

Institute of Complementary and Integrative Medicine - University of Bern, Switzerland

Büssing Arndt

University of Witten/Herdecke gGmbH - Witten, Germany

Deng Gary

Weill Cornell Medical College of Cornell University - New York, USA

Dragan Simona

University of Medicine and Pharmacy Victor Babes Timisoara Romania

Eisenberg David

Harvard T.H. Chan School of Public Health - Boston, USA

Grant Suzanne

NICM Health Research Institute, Western Sydney University, Australia

Harnett Joanna

University of Sydney School of Pharmacy, Australia

Heinrich Michael

UCL School of Pharmacy, Univ. London, UK

Hummelsberger Josef

International Society for Chinese Medicine (SMS) - Munich, Germany

Irnich Dominik

LMU University Hospital Munich, Dept. of Anesthesiology - München, Germany

Jeitler Michael

Integrative Medicine - Charité University Outpatient Clinic for Naturopathy at the Immanuel Hospital - Berlin

Koch Anna Katharina

Integrative Medicine in Pediatric Oncology - Campus Virchow Clinic - Berlin, Germany

Kröz Matthias

Ltd Doctor Sleep Medicine - Arlesheim, Switzerland

Langhorst Jost

Integrative Medicine - University of Duisburg-Essen - Social Foundation Bamberg, Germany

Längler Alfred

Pediatrics and Adolescent Medicine - Community Hospital - Herdecke, Germany

Rostock Matthias

University Cancer Center Hamburg (UCCH) - University Hospital Hamburg - Eppendorf, Germany

Schad Friedemann

Oncology Center and Department of Interdisciplinary Oncology and Palliative Medicine - Community Hospital Havelhöhe, Berlin

Schlaeppli Marc

Center for Integrative Medicine Cantonal Hospital - Switzerland

Vagedes Jan

ARCIM Institute - University of Tübingen, Germany

Valentini Jan

University Hospital Tübingen, Institute of General Medicine and Interprofessional Care, Germany

Zhang Tony

School of Health and Biomedical Sciences, STEM College - Victoria, Australia

GUEST SPEAKERS

Prof. Sungchol Kim

Executive of WHO - World Health Organization

INVITED SPEAKERS

BAGETTA GIACINTO

Professor of Pharmacology, Department of Pharmacy, Health Science and Nutrition - University of Calabria, Italy

BEN-ARYE ERAN

Co-Founder of Haifa Oncology Service, Lin Medical Center - Primary Researcher of the Middle East Research Group in Integrative Oncology (MERGIO) within the Middle East Cancer Consortium (MECC) - Member of the Society for Integrative Oncology (SIO) Board of Trustees, SIO Regional Ambassador to Europe and the Middle-East - Israel

BOTTACCIOLI FRANCESCO

Founder and Honorary President of the Italian Society of Psychoneuroendocrinology (SIPNEI) - Postgraduate training - L'Aquila University and Rome Tor Vergata University - Italy

BREITKREUZ THOMAS

Director, Internal Medicine and Palliative Care, Paracelsus-Krankenhaus Unterlengenhardt, Germany - Spokesman for the Competence Network Integrative Medicine Baden-Württemberg (KIM) - Germany

BURGIO ERNESTO

Member of Conseil Scientifique E. B. ECERI European Cancer and Environment Research Institute - Belgium

COHEN LORENZO G.

Director of the Integrative Medicine Program at The University of Texas MD Anderson Cancer Center, USA

DENG GARY

Medical Director in Integrative Medicine, Memorial Sloan Kettering Cancer Center, USA

DOBOS GUSTAV

Director of the Clinic for Naturopathy & Integrative Medicine, Germany

EISENBERG DAVID M.

Director of Culinary Nutrition - Adjunct Associate Professor - Department of Nutrition - Harvard T.H. Chan School of Public Health - USA

FASANO ALESSIO

Professor of Pediatrics Harvard Medical School, Professor of Nutrition Harvard T.H. Chan School of Public Health - USA

FATTORINI IVA

Founder and chair of the Global Arts and Medicine Institute - UK

GALLEGO-PEREZ DANIEL

Postdoctoral Research Fellow, Program of Integrative Medicine, UNC-Chapel Hill, International Consultant, PAHO/WHO Regional Office for the Americas - USA

GHELMAN RICARDO

Chair Brazilian Academic Consortium for Integrative Health, CABSIN - Post Doctorate in Neurosciences, UNIFESP - WHO Expert on Traditional, Complementary and Integrative Medicine, TCIM/WHO - Board member of Traditional, Complementary and Integrative Medicine Network of the America, VHL/TCIM/PAHO - Ambassador for Brazil, Society of Integrative Oncology, SIO - Member, International Research Council on Anthroposophic Medicine, Goethenaum - Chair, Department of Integrative Medicine for Children and Adolescents, Society of Pediatrics of São Paulo - Brazil

HUGHES GAIL

Professor and Senior Advisor - Epidemiology - Public health - NCDs - HIV/AIDS - Integrative Health - University of the Western Cape - Republic Of South Africa

JIANPING LIU

Director, Centre for Evidence-Based Chinese Medicine - Beijing University of Chinese Medicine, CN
Application of evidence-based medicine methods in integrative oncology research - China

LANGEVIN HELENE M.

Director of the National Center for Complementary and Integrative Health - USA

LEE T. RICHARD

Professor of Stem Cell and Regenerative Biology at Harvard University and Professor of Medicine at Harvard Medical School - Division of Hematology/Oncology University Hospitals & Case Western Reserve University, Director of Supportive & Integrative Oncology Seidman Cancer Center - USA

LIN VIVIAN

Executive Associate Dean (Strategy and Operations)
Professor of Public Health Practice - Netherlands

LOCKE AMY

Current Chair of the Academic Consortium University of Utah; ACIMH Professor of Family and Preventive Medicine
Adjunct Professor, Nutrition and Integrative Physiology, College of Health - USA

NARAYANAN SANTHOSSHI

Associate Professor in the Department of Palliative, Rehabilitative and Integrative Medicine at The University of Texas MD Anderson Cancer Center - USA

OPPERT CLAIRE

French cellist graduated from the Tchaikovsky Conservatory in Moscow.

Every Friday she goes to the oncology and palliative care department of the hospital of Sainte-Perine - France

PUTHIYEDATH RAMMANOHAR

Research Director, Amrita Centre for Advanced Research in Ayurveda (ĀCĀRA), School of Ayurveda, Amritapur - India

SAPER ROBERT B.

Director of Integrative Medicine for the Boston Medical Center Department of Family Medicine and Professor in the Chobanian and Avedisian School of Medicine - USA

SUNITA VOHRA

Professor, Faculty of Medicine & Dentistry - Pediatrics Dept - University of Alberta - Canada

VON ROSENSTIEL INES

Director of the Integrative Medicine outpatient's clinic at the Slotervaart Children's Hospital in Amsterdam
founder of NIKIM Foundation, a dutch Expertise Centre for Integrative Medicine

CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

Angelicum Congress Center

07.00 - 08.00 Registration and reception

CLOISTER - Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

08.30 - 10.30 PRE-CONGRESS WORKSHOP

ROOM 1
105 min
Levels of Health' as a novel clinical tool for assessing prognosis and treatment response in chronic diseases

Seema Mahesh - Mahesh Mallappa (India/Greece)

ROOM 2
90 min
Understanding Anemia: from diagnosis to integrative treatment

Andreazzoli Francesca - Massimo Bonucci (Italy)

ROOM 3
90 min
Latest Advances in Integrative Medicine & Oncology

Avni Sali (Australia)

ROOM 5
How integrative medicine in veterinary can provide a contribution to research in human health

Alessandro Benvenuti, Carla Fiorentini (Italy)

ROOM 6
105 min
International Policy Issues on Traditional, Complementary, and Integrative Health

Nadine Ijaz (North America) - Miek Jong (Norway) - Daniel F. Gallego-Perez (North Carolina) - Jon Wardle (Australia)

September 20 | 2023

WEDNESDAY

ROOM 7
105 min

Lessons Learned from Delivering Governmentally Recognized Integrative Medicine Education: A Case of Cupping Therapy Course

Zainab AlMusleh - Tamer Aboushanab (Qatar - Egypt)

ROOM 8
90 min

The Yin and Yang of Cannabis in Medicine: Evidence-Based, Practical Knowledge for the Busy Clinician

Leslie Mendoza Temple (USA)

ROOM 9
105 min

Application of Metaverse and Blockchain Technology in Integrative Medicine

Babak Daneshfard (Iran)

ROOM 10
105 min

Network TCIM alternatives for antibiotics worldwide: Global Initiative for Traditional Solutions to Antimicrobial Resistance (GIFTS-AMR) (JPIAMR funded)

Erik W. Baars, David Martin, Desislava Vankova, Esther van der Werf, Merlin Willcox, Petra Weiermaye (Netherlands - Sweden)

ROOM 11
105 min

The role of the microbiome in cancer etiology, treatment and outcomes and strategies for diagnosing and treating the microbiome in oncology

Sorbarikor Piawah - Carla Kuon - Shannon Elizabeth Fogh (USA)

10.30 - 11.00

COFFEE BREAK

11.00 - 13.30

PRE-CONGRESS WORKSHOP

September 20 | 2023

WEDNESDAY

CONFERENCE PROGRAM

WEDNESDAY **September 20, 2023**

WEDNESDAY | September 20 | 2023

ROOM 1
90 min

Oncology and theoretical-practical experiences of acupuncture application

Cracolici Franco - Lupi Giuseppe (Italy)

ROOM 2
90 min

Integrative oncology treatment (IOT) for GBL under ARTOI method

Bonucci Massimo - Ravagnan Giampietro - Fuggetta Maria Pia - Stringaro Anna Rita (Italy)

ROOM 3
105 min

Yoga and Spirituality: Science, Rationale and Research Evidence

Sat Bir Khalsa (USA) - Arndt Bussing (Germany)

ROOM 5
90 min

Towards an international federation of Academic Consortia for Integrative Medicine?

Rogier Hoenders (Netherlands) - Ricardo Ghelman (Brazil) - Amy Locke (USA) - Miek Jong (Norway)

ROOM 6
90 min

A holistic approach to hormonal transition, implementing integrative healthcare in pre-, peri- and postmenopausal women

Ella Hallberg - Antonia Armini (Sweden)

ROOM 7
105 min

Health education in cancer patients: a re-newed paradigm of "active" prevention

Iasiello Antonietta (Switzerland)

ROOM 8
105 min

Nature, Biophilia and Mental Health: from Evidence to Real World

Juliana Gatti-Rodrigues (Brazil) - Marina Lencastre, Maria José Curado (Portugal) - Ricardo Ghelman (Brazil)

ROOM 9
75 min

Hyperthermia as an adjunctive treatment in patients with cancer: clinical and applicative data

Massimo Bonucci - Giammaria Fiorentini - Antonio Maria Costa - Carlo Pastore - Andrea Mambrini - Girolamo Ranieri - Alberto Gramaglia (Italy)

ROOM 10
105 min

In the borderland between body and mind - exploring the science of sinosomatics

Florian Beissner - Annemarie Schweizer-Arau (Germany)

ROOM 11
105 min

New Frontiers: Neuro-Acupuncture. History, research and clinical applications of an effective system combining traditional Acupuncture and Neurosciences

Lucenti Cecilia - Franconi Giovanna (Italy)

13.00 - 13.30

WORKSHOPS CLOSURE

Chamber of Deputies, Chamber of parliamentary groups

16.00 - 18.00

Ceremony Opening of 2WCIM&H

1. Greetings from institutional and international authorities
2. ARTOI integrative oncology: state of art - Massimo Bonucci (Italy)
3. Integrative medicine and health in Europe and worldwide (Benno Brinkhaus - Holger Cramer, Germany)
4. ESIM Excellence in Integrative Medicine Research Awards (Stefan Willich)
5. ISCMR Award (Benno Brinkhaus)
6. ARTOI Award (Massimo Bonucci)
7. Welcome Words by Helene Langevin (USA) "What kind of science is needed to advance integrative medicine and health?"

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

CLOISTER - Angelicum Congress Center

07.00 - 08.00

TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 09.00

Registration and reception

Aula Magna

08.45 - 10.30

Plenary 1: Future CIM Research Strategies

Chair: H. Cramer / B. Brinkhaus /M. Bonucci

40 min
(including Q&A)

Helene Langevin (USA) - Integrative Health: The challenges, and potential rewards, of moving beyond silos

40 min
(including Q&A)

Jianping Liu (China) - Importance of Research in Integrative Medicine: Opportunities and Challenges

30 min
(including Q&A)

Amy Locke (USA) - **Using the ideals of Integrative Medicine to create the future of healthcare: from the sideline to leading**

10.30 - 11.00

COFFEE BREAK

Aula Minor

11.00 - 13.15

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

"Integrative Medicine with epigenetic experiences"

Chair: Jong M.

Co-Chair: Giralt I.

20 min

Burgio Ernesto (Belgium) - Glioblastoma: genetics, epigenetics, holo-genomics. Toward a systemic diagnostic-therapeutic approach

20 min

Cracolici Franco (Italy) - Traditional and Modern Medicine between genetics and epigenetics

20 min

Cohen Lorenzo (USA) - in progress

20 min

Lombardi Mistura Eleonora (Italy) - Epigenetic breastfeeding

Techniques and effects

15 min

Guido Carmelo (Italy) - Use of Traditional Chinese Medicine (TCM) in facial nerve palsy

15 min

Dietzel Joanna (Germany) - Cardiovascular effects of auricular stimulation - systematic review and meta-analysis

15 min

Attias Samuel (Israel) - Effectiveness of Reflexology, and Sham Reflexology on Preoperative Anxiety in Patients Undergoing Laparoscopic Cholecystectomy: A Single-Blinded Randomized Controlled Trial

15 min

Charlie Xue (Australia) - Evidence-based clinical Chinese medicine: the whole-evidence approach

ROOM 1

11.00 - 13.15

HOLISTIC INTEGRATIVE TREATMENTS **“Holistic treatments effectiveness”**

Chair: Munk N.

Co-Chair: Gowan D.

15 min

Schleinker Alina (Germany) - Effects of Yoga on stress in stressed adults: A systematic review and meta-analysis

15 min

Vollbehre Nina (Netherlands) - Mindful yoga intervention as add-on to treatment as usual for young women with major depressive disorder: results from a randomized controlled trial

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min **Moosburner Alina (Germany)** - Yoga for depressive disorders: A systematic review and meta-analysis

15 min **Vollbehr Nina (Netherlands)** - Cost-effectiveness of a mindful yoga intervention added to treatment as usual for young women with major depressive disorder versus treatment as usual only

Holistic treatment techniques

15 min **Bertoldi Pietro (Italy)** - Frequencies, Vibrations, Oscillations and Waves in TUINA Techniques

15 min **Alanazi Abdulaziz (USA)** - The Safety and Adverse Events Associated with Cupping Therapy: Creating a Taxonomy

15 min **Cetin Sebahat Yaprak (China)** - The Effects of Baduanjin Qigong Exercise via Telerehabilitation in Ankylosing Spondylitis: A Randomized Controlled Trial

ROOM 2

11.00 - 13.15 **BASIC AND TRASLATIONAL RESEARCH IN INTEGRATIVE MEDICINE**

“Mechanisms of action of natural substances”

Chair: Fabbri A.

Co-Chair: Baumgartner S.

15 min **Tong Lin (China)** - Gengnianshou Decoction Increases Estrogen Level without Side Effects on Reproductive Tissues in Ovariectomized Rats

15 min **Kandil Farid (Germany)** - Patients' perspectives on prescription cannabinoid therapies: a cross-sectional, anonymous, one-time web-based survey among German patients

15 min **Dall'Alba Rafael (Brazil)** - Evidence-Based Medicine in the context of Complementary and Integrative Traditional Medicines: a critical analysis

15 min **Bai Chen (China)** - Key issues of the method of carrying out a case series study in real world on the inheritance of illustrious senior traditional Chinese medicine practitioners

Homeopathy

15 min **Tournier Alexander (France)** - Fundamental research in homeopathy: considerations and recommendations

15 min **Samstag Yvonne (Germany)** - Differentially manufactured Arnica montana L. extracts mediate anti-inflammatory effects on human T cells via different signaling pathways

15 min **LEJRI Imane (Switzerland)** - Gelsemium Low Doses Increases Bioenergetics and Neurite Outgrowth

15 min **Ücker Annekathrin (Germany)** - Duckweed - (Lemna gibba L.) as test organism in homeopathic basic research

ROOM 3

11.00 - 12.00 **INTEGRATIVE ONCOLOGY AND CANCER CARE**

Chair: Tamburini E.

Co-Chair: in progress

15 min **De Saedeleer Pol (UK)** - Critical evaluation of scientific publications of conventional & complementary cancer treatment protocols to improve patient outcome during and after treatment

15 min **Kristoffersen Agnete Egilsdatter (Norway)** - Prevalence of late and long-term effects of cancer (treatment) and use of complementary and alternative medicine in Norway

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min

Hök Nordberg (Sweden) - Teaching Swedish oncology health care professionals about complementary and integrative medicine: course design & evaluation

15 min

Bonanno Salvatore (Italy) - Radiotherapy and Hospice: an integrated multidisciplinary organizational approach

12.00 - 13.30

WORKSHOP

Present and future of Clinical Use of Cannabis in Oncology
Off-topic: Intravenous High-Dose Vitamin C in Oncology

Francesco Coriglione, Marco Landi, Giovanni Isoldi, Paolo Etiope (Italy)

ROOM 5

11.00 - 13.15

ARTS & MEDICINE

“Dance, Music, Paint and Arts Therapies in Medicine”

Chair? In progress

Co-Chair: Di Giampietro T.

10 min

Micke Oliver (Germany) - Medicine is Art and Art Medicine - The impact of Art for Cancer Patients

10 min

Endrizzi Cristina (Italy) - Crisis, creativity and finitude. Experiences with expressive therapy in Hospice

10 min

Mehl Annette (Germany) - Approaching artistic expression through the therapist's eye and patient's self-reported Inner Correspondence. A conceptual framework to evaluate and better understand the impact of anthroposophic painting and eurythmy therapy on clinical outcome

10 min

Haeyen Suzanne (Netherlands) - The powerful experience. Emotion regulation and self-image in personality disorders in arts & psychomotor therapies

10 min	Joschko Ronja (Germany) - The effect of active visual art therapy on health outcomes: A systematic review and meta-analysis of randomised controlled trials
10 min	Benraf Moses Sharon (Israel) - Painting; The act of painting as a pain reliever
10 min	Chiarlone PIERALBA (Italy) - I have seen the life dancing. The end-of-life stories: a narrative analysis
10 min	Culen Monica (Austria) - How healthcare clowns can contribute to more supportive hospital environments: RED NOSES Partnerships in the Healthcare System
10 min	Van Hooren Susan (Netherlands) - Arts Therapies in Forensic Psychiatric Care: a review on effects, active elements, and mechanisms of change

ROOM 6

11.00 - 13.15	<p>COVID 19 AND OTHER (POST) INFECTION DISEASES “Complementary Integrative medicine in acute Covid 19 infection”</p> <p><i>Chair: Ravagnan G.</i></p> <p><i>Co-Chair: Dragan K.</i></p>
15 min	Lee Myeong Soo (Korea) - Use of traditional, complementary and integrative medicine during the COVID-19 pandemic: a systematic review and meta-analysis
15 min	Cooley Kieran (Australia) - Interim Report on a Live Review of Systematic Reviews of Natural Health Products and Natural Therapies in the Prevention and/or Treatment of COVID-19
15 min	Ang Lin (Korea) - A nationwide survey on the management of COVID-19 pandemic in South Korea using complementary and alternative approaches

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

“Complementary Integrative medicine in acute Covid 19 infection”

15 min	Gündling Peter W. (Germany) - Use and effect of a special cistus extract during the Corona pandemic - Retrospective survey study among users and prescribers
15 min	González Ovejero Aranzazu (Spain) - Improving the quality of life of persistent COVID patients with nutraceutical intervention supported by mycotherapy
15 min	Iranzadasl Maryam (Iran) - Efficacy of topical galbanum oil with dry cupping in hospitalized COVID-19 patients: A randomized open-label clinical trial
15 min	Gadelha Serra Maria Emilia (Brazil) - Clinical effectiveness of medical ozone therapy in COVID-19: the evidence and gaps map

ROOM 7

11.00 - 13.15	INTEGRATIVE PEDIATRICS: “From Prevention to Palliation” <i>Chair: Farinelli C.</i> <i>Co-Chair: Amheier M.</i>
20 min	Alessio Fasano (USA) - Food, Pesticides, Dysbiosis and Obesity
20 min	Monica Galanti (Chile) - Digital Intoxication
20 min	Jan Vagedes (Germany) - Pollution and Non communicable disease
20 min	Suzi Tortora (USA) - Speaking the unspeakable: The Power of Dance & Movement with Children for Healing and Wellness
20 min	Mercedes Ogal (Switzerland) - Outpatient integrative-medicine options in pediatric palliative care

20 min

Simone Brasil de Oliveira Iglesias (Brazil) - Integrative practices into palliative support as holistic and multidimensional care in Brazil

15 min

Q & A

ROOM 8

11.00

WORKSHOP SPONSORED BY

105 min

MIRAGLOfoundation

Integrative Health and Medicine in the Prevention and Treatment of Cardiovascular and Non-Communicable Disease

"Light, Love and Service Without Borders" Miraglo Foundation is dedicated to the advancement of Integrative and Holistic Medicine education and researched, providing healthcare, services, and education to underserved communities locally and globally. Miraglo Foundation is a not-for-profit 501c3 Public Charity, registered in California, 2011.

www.miraglofoundation.org

Guarneri Mimi (USA)

ROOM 9

12.00 - 13.30

EUJIM Editorial Board Meeting

BY INVITATION ONLY

ROOM 10

11.00 - 13.15

NUTRITION AND LIFESTYLE "Diet and wellness"

Chair: Bradley R.

Co-Chair: Toso T.

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

20 min

Rammanhoar Puthiyedath (India) - in progress

15 min

Cooley Kieran (Australia) - Mediterranean diet adaptations to traditional cultural eating paradigms: a realist synthesis

15 min

Lieners Camille (Poland) - Superiority of an igtg guided elimination-rotation diet compared to fodmap diet and classic dietary recommendations in the management in patients with mixed form of irritable bowel syndrome

Experiences

15 min

Montejano Vallejo Rebeca (Germany) - Green Hospital Food: Implementation of sustainable, plant-based foodservices at the University Hospital Essen

15 min

Noera Giorgio (Italy) - Long term tube feeding enteral nutrition with Italian quality product Arthrospira Platensis

15 min

Borgmann-Staudt Anja (Germany) - Individual breastfeeding experience in an anthroposophic hospital: a mixed methods study

15 min

Hoenders Rogier (Netherlands) - A Combined Lifestyle Intervention for Psychiatric Outpatients (CHAPTER): Results of a Pilot Randomized Controlled Trial

ROOM 11

11.00 - 13.15

**INTEGRATIVE ONCOLOGY AND CANCER CARE
"Acupuncture in cancer"**

Chair: Schloss J.

Co-Chair: Magno S.

THURSDAY September 21 | 2023

15 min

Lesi Grazia (Italy) - Acupuncture as integrative medicine in breast cancer patients: an italian feasibility study in Emilia Romagna oncology hospital settings

15 min

Ye-Seul Lee (Korea) - Safety and efficacy of acupuncture for symptom management in breast cancer patients

15 min

Wan Yuxiang (China) - Exploring the mechanism of peritumoral acupuncture promoting vascular normalization of breast cancer based on DIA proteomics and photoacoustic imaging

Acupuncture in cancer

15 min

Ruifang Yu (China) - Acupuncture Reduces Insomnia in Lung Cancer Survivors: A Retrospective Cohort Study

15 min

Ming Yang (China) - Acupuncture for rectal cancer patients with low anterior resection syndrome (LARS): A mixed method pilot study protocol

15 min

Danhauer Suzanne (USA) - The Effects of Acupuncture on Treatment-Related Symptoms & Symptom Interference in Patients with Head and Neck Cancer Experiencing Chronic Radiation-Induced Xerostomia (RIX): Wake Forest NCI Community Oncology Research Program Research Base (WF NCORP RB) Randomized, Sham-controlled Trial WF-97115

15 min

Rinaldi Massimo (Italy) - Singular and combined effects of Nordic Walking practice and Acupuncture on bioelectrical impedance vector of breast cancer survivors

13.30 - 14.30

LUNCH

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

ROOM 1

13.30 - 14.30

ROUND TABLE LUNCH WITH STUDENTS

ROOM 5

13.30 - 14.30

IMR Editorial Board Meeting

BY INVITATION ONLY

ROOM 6

13.30 - 14.30

ROUND TABLE LUNCH WITH STUDENTS

ROOM 9

13.30 - 14.30

ROUND TABLE LUNCH WITH NURSES

ROOM 10

13.30 - 14.30

ROUND TABLE LUNCH WITH NURSES

Aula Magna

14.30 - 16.00

Plenary 2: Integrative Oncology

Chair: Bonucci M. e Bao T.

Discussant: Richard Lee

25 min

Eran Ben-Arye (Israel) - Integrative Surgery along the continuum of integrative oncology care

25 min

Gary Deng (USA) - Integrative Oncology: What Now and What Next?

25 min

Francesco Bottaccioli - Cancer and Psychoneuroendocrineimmunology

15 min

Discussion Q&A

THURSDAY September 21 | 2023

16.00 - 16.30

COFFEE BREAK

Aula Minor

16.30 - 18.30

BASIC AND TRASLATIONAL RESEARCH IN INTEGRATIVE MEDICINE “The News in research: Aromatherapy and plant extracts”

Chair: Burgarcic A.

Co-Chair: Fiorentini C.

24 min

Bagetta Giacinto (Italy) - Aromatherapy: from bench to bedside

12 min

Master Lissandra Fogaça (Brazil) - Aromatherapy Clinical Effectiveness Evidence Map

12 min

Klocke Carina (Germany) - AroMaDem - Aroma oil massage with lavender oil for residents in nursing homes with agitated dementia

12 min

Czakert Judith (Germany) - Aromatherapy, Dental Fear and Anxiety: Influence of essential-oil vaporization in dental practices on acute anxiety - a multicenter, cluster-randomized, controlled, single-blinded study (AROMA_dent)

Miscellaneous

15 min

Pazienza Valerio (Italy) - Identifying predictive bacterial markers from cervical swab microbiota on pregnancy outcome in woman undergoing assisted reproductive technologies

15 min

Lo Lun-Chien (China) - Exploring the pivotal variables of tongue coating metabolites between patients with type 2 diabetes from healthy controls

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min

Cortés Bueno José Federico (Mexico) - Stromal precursors in dentistry from science to reality “bone regeneration and implant osseointegration”

15 min

Lee Eun Jung (Korea) - Cervi Parvum Cornu Facilitates Recovery of Bone Fracture via partially BMP-Smad/p38-mediated Osteoblast Differentiation

ROOM 1

16.30 - 18.30

HOLISTIC INTEGRATIVE TREATMENTS
“Holistic treatments effectiveness” (Yoga as a holistic treatment)

Chair: Ligabue M.B.

Co-Chair: Lauche R.

15 min

Tew Garry (UK) - Yoga for older adults with multimorbidity: Randomised controlled trial with embedded economic and process evaluations

15 min

Vollbehr Nina (Netherlands) - Exploring young women’s experiences participating in a mindful yoga intervention for depression: qualitative analysis of positive and negative effects

15 min

Chhabra Anuja (USA) - Yoga-Based Practices for the Voice Disorder of primary Muscle Tension Dysphonia

15 min

Lavretsky Helen (USA) - Mechanisms of response to yoga or memory training in older women at risk for Alzheimer

Miscellaneous

15 min

Nyapati Sashank (Netherlands) - Worldviews and Mental Health: A Scoping Review

September 21 | 2023

THURSDAY

15 min	Rezo Anna Maria (Germany) - Integrative Mental Health Care Compared to Standard Care: An Observational Study
15 min	Wainke Michael (Austria) - Substance Use Disorder and pain - Are Mindfulness Based Interventions effective?
15 min	Eden Estelle (France) - The interest of an integrative medicine approach to empower the autonomy of the fibromyalgia patient

ROOM 2

16.30 - 18.30	<p>INTEGRATIVE ONCOLOGY AND CANCER CARE</p> <p>“Homeopathy in Cancer”</p> <p><i>Chair: Portalupi E.</i></p> <p><i>Co-Chair: Breitzkreuz T.</i></p>
15 min	Bosinelli Francesca (Italy) - A Randomized Controlled Trial addressing cancer-related cognitive impairment (chemobrain) in a sample of breast cancer patients undergoing rehabilitation exercises, diet, and add-on complementary medicine: Preliminary findings
15 min	Haller Heidemarie (Germany) - Effectiveness of Mind-Body Medicine on reducing side effects of endocrine therapy in breast cancer patients: a randomized controlled trial
15 min	Panozzo Marialessandra (Italy) - Severity of radiodermatitis in breast cancer patients with preventive treatment with homeopathic/integrative protocol compared with a control group with standard care
15 min	Bennani Mohammed (France) - Benefits of homeopathic complementary treatment in breast cancer patients: A retrospective cohort study based on the French nationwide healthcare database (SNDS)

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

Mistletoe and cancer

- | | |
|--------|---|
| 15 min | Walach Harald (Germany) - Quality of life in breast cancer patients treated with mistletoe extract: A systematic review and meta-analysis |
| 15 min | Huntley Alyson (UK) - The Mistletoe and Breast cancer (MAB) study: a UK pilot RCT |
| 15 min | Schad Friedemann (Germany) - Improvement of quality of life in lung cancer patients receiving radiotherapy in combination with <i>Viscum album L.</i> -a real-world data study |

ROOM 3

16.30 - 18.05 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

“Integrative Medicine with acupuncture”

Chair: Jong M.

Co-Chair: Giralt I.

- | | |
|--------|--|
| 15 min | Lee Boram (Korea) - The effect of sham acupuncture can be different according to the needling point on knee osteoarthritis: A systematic review and network meta-analysis |
| 15 min | Ho Fai Fai (China) - Patients' perceptions on non-specific effects of acupuncture: Qualitative comparison between responders and non-responders
Ho Fai Fai - Patients' perceptions on non-specific effects of acupuncture: Qualitative comparison between responders and non-responders |
| 15 min | Lucenti Cecilia (Italy) - Neuroacupuncture is a feasible future for integrating acupuncture into physician training and clinical practice. A university training model experienced in Italy |
| 15 min | Giovanardi Carlo Maria (Italy) - Acupuncture for migraine prophylaxis and for patients recovering from stroke |

15 min **Cracolici Franco (Italy)** - Acupuncture and Stroke

ROOM 5

16.30 - 18.30 **PEDIATRIC DISEASES “Prevention and treatment of recurrent pediatric infectious diseases”**

Chair: in progress

Co-Chair: Braeutigam C.

15 min **Yin Lingjia (China)** - Effect of pediatric Tuina (massage) on children's recurrent acute respiratory tract infections: a retrospective cohort study in Southern China

15 min **Bai Chen (China)** - TMT-based proteomics analysis reveals the effect of a high-calorie diet on LPS-induced pneumonia by disturbing lung-brain axis

15 min **Van Der Werf Esther (UK)** - Can homeopathy reduce antibiotic use while maintaining symptom control for acute otitis media? A systematic review

15 min **Bai Chen (China)** - Experimental Study on Yinlai Decoction Treating Gastrointestinal Fever Complicated with Pneumonia in Rats by Regulating Short Chain Fatty Acid Metabolism through Intestinal Microflora

Miscellaneous

15 min **França Yara (Brazil)** - Effectiveness of Shantala massage in pain management of infants after painful procedure: Pilot quasi-experimental study

15 min **Galli Matteo (Italy)** - Osteopathic manipulative treatment (OMT) in pediatrics and neonatology: a scoping review

15 min **James Peter (Australia)** - The use of traditional medicine practitioners for childhood illness among childbearing women: a multi-level Analysis of Demographic and Health Surveys in 32 sub-Saharan African countries

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min **Farinelli Claudio (Italy)** - Effectiveness of an intervention method on the treatment habits of paediatric patients

ROOM 6

16.30 - 18.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION "Types of therapies"**

Chair: Dusek J.

Co-Chair: Steel A.

15 min **Cardozo Pereira Erika (Brazil)** - Clinical Effectiveness of Apitherapy: Evidence Map

15 min **Joschko Lilly (Germany)** - Nature-based therapy: mental well-being and connectedness to nature in psychosomatic patients

15 min **Margonari Lazzuri Talita (Brazil)** - Effects of floral therapy on the state of anxiety in climacteric women

15 min **Koch Anna (Germany)** - Yoga as therapy for burnout: Health Technology Assessment Report on Efficacy, Safety, Economic, Social, Ethical, Legal and Organisational Aspects

TCM

15 min **Zhang Xiaowen (China)** - The core components of traditional Chinese medicine complex interventions and their connections: A qualitative study with Chinese clinicians

15 min **Zou Xiang-Yun (China)** - Traditional Chinese medicine for olfactory dysfunction: A bibliometric analysis of published clinical studies

15 min **Hackman Robert (USA)** - Intake of Hokkaido red wine reduces blood pressure and improves vascular function in healthy adult men

15 min

Zhang Tony (Australia) - Evidence-based clinical Chinese medicine for vascular dementia: the whole-evidence approach and the current best evidence

ROOM 7

16.00 - 18.00

European Council of Doctors for Plurality in Medicine (ECPM) - 30th anniversary “The added value of medical doctors in traditional, complementary and integrative health care”

30 years of ECPM - introduction & welcome - **Dr. Susanne Schunder-Tatzber**

The added value of MDs in TCIH - **Prof. Dr. Dominik Irnich**

Challenges of translation in TCIH into patient care - **Prof. Dr. Benno Brinkhaus**

Discussion:

Future of MDs in TCIH in various EU Regions

Prof. Dr. Dominik Irnich (Germany)

Prof. Dr. Benno Brinkhaus (Germany)

Dr. Elio Rossi (Italy)

Dr. Petr Fiala (Czech Republic)

ROOM 8

18.00 - 19.30

ESIM member meeting

ROOM 9

16.30 - 18.30

**CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION
“TCM clinical experiences and research”**

Chair: Chung V.

Co-Chair: Thompson E.

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min	Lucenti Cecilia (Italy) - Clinical experience of Neuroacupuncture in Parkinson's Disease
15 min	Tam YiShun (China) - Associations between using Chinese Herbal Medicine and both clinical outcome and gut microbiome in Eczema patients: A Prospective Observational Study
15 min	Tse PakYin (China) - Associations between Chinese Herbal Medicine for different syndrome differentiation and clinical outcome in Eczema patients: A Retrospective Cohort study
15 min	Liang Changhao (China) - Current status and challenges of ancient TCM literature as evidence to support clinical decision-making

Homeopathy

15 min	Galeazzi Bruno (Italy) - One Health, One Medicine
15 min	Roberts Rachel (UK) - Scientific Standards in Homeopathy Research: Context is everything
15 min	Ghelman Ricardo (Brazil) - Evidence Mapping - Clinical Effectiveness of Homeopathy
15 min	Ronchi Antonella (Italy) - How to overcome the fragmentation in the homeopathic world hampering the integration of homeopathy?

ROOM 10

16.30 - 18.30	NUTRITION AND LIFESTYLE "Lifestyle and Illness: how we can win" <i>Chair: in progress</i> <i>Co-Chair: Laffranchi A.</i>
---------------	---

THURSDAY September 21 | 2023

15 min	Frost Rachael (UK) - Older adults' views and experiences of using herbal medicines and dietary supplements to promote health in later life: A qualitative study
15 min	Cidral Francisco (USA) - The effects of brainwave entrainment associated with the Mediterranean diet on clinical symptoms of depression: a randomized controlled trial
15 min	Ngoumou Gonza (Germany) - Evaluation of an innovative two weeks course on nutrition in the context of planetary Health in medical education at Charité University Medicine Berlin
15 min	Gu Xiaohong (China) - Overweight and obesity among kindergarten children in Shenzhen, China: a cross-sectional study

FASTING

15 min	Breinlinger Carolin (Germany) - Defining fasting: an international consensus process on fasting terminology
15 min	Koppold Daniela (Germany) - Prolonged modified fasting for osteoarthritis: a prospective observational study
15 min	May Katharina (Germany) - Feasibility and Effects of repetitive cycles of a Fasting Mimicking Diet on Subfertile Men - A qualitative data analysis
15 min	Anqi Li (China) - Efficacy of oats for dyslipidemia: a systematic review and meta-analysis

ROOM 11

16.30 - 18.30	INTEGRATIVE ONCOLOGY AND CANCER CARE "Acupuncture /Herbal Medicine" <i>Chair: Voiß P.</i> <i>Co-Chair: Marino F.</i>
---------------	---

CONFERENCE PROGRAM

THURSDAY **September 21, 2023**

15 min

Guido Carmelo (Italy) - Impact of acupuncture on acute dysphagia in patients treated with radio-chemotherapy for squamous-cell carcinoma of the head-neck area: prospective randomized phase 2 study. Preliminary data

15 min

Abad Arranz Maria (Italy) - Role of Acupuncture in the management of orphan symptoms related to the antitumour treatments: experience of the multidisciplinary oral therapy outpatient clinic of the "Giuseppe Mazzini" Hospital, Teramo, Italy

15 min

Hughes John (UK) - Feasibility trial of Self-Acupuncture for Chemotherapy Cancer patients

15 min

Qi Xuewei (China) - Peritumoral electro-acupuncture promote tumor vascular normalization by promoting M1-type TAMs polarization

Acupuncture /Herbal Medicine

15 min

Cai Yiqing (China) - Effects of electroacupuncture on postoperative complications of gastrointestinal cancers: A systematic review and meta-analysis

15 min

Senatori Roberto (Italy) - Long-Term effect of Fractional CO2 Laser Therapy for Genitourinary Syndrome of Menopause (GSM) in Breast Cancer Survivors: mono-central perspective study

15 min

Leiria Leonardo (Brazil) - The effect of the use of Saint Germain flower essences as a complementary integrative practice in the modulation of inflammatory markers in women with breast cancer associated with the use of tamoxifen

15 min

Freeman Jodie (Switzerland) - Urtica comp. gel is highly effective in reducing the need for rescue care in breast cancer patients undergoing radiation therapy

THURSDAY September 21 | 2023

Angelicum Congress Center

18.30 - 20.00

European Council of Doctors for Plurality in Medicine (ECPM) - 30th anniversary "The added value of medical doctors in traditional, complementary and integrative health care

30 years of ECPM - Prosecco & Aperol

WELCOME CONGRESS COCKTAIL

- 1. Happy Hours**
- 2. Italian Snack & Street Food**
- 3. Music & Entertainment**

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

CLOISTER - Angelicum Congress Center

07.00 - 08.00 TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 09.00 Registration and reception

Aula Magna

09.00 - 10.30 **Plenary 3: CIM in times of limited health care resources + ROUND TABLE**

Chair: Amie Steel / Claudia Witt

30 min **Vivian Lin** - in progress

30 min **Robert Saper** - Wellness Equity

30 min **ROUND TABLE in progress**

INVITED SPEAKERS

- | | |
|-------------------------|---------------------------|
| 1. Gustav Dobos | 2. Rammanhoar Puthiyedath |
| 3. Daniel Gallego Perez | 4. Elio Rossi |
| 5. Gail Hughes | |

10.35 - 5 min **Benno Brinkhaus (Germany), Prof. Elad Schiff, Prof. Eran Ben-Ayre and Dr. Gali Stoffman (Israel):** Presentation of ECIM conference In Jerusalem Sept. 4-6 2024

10.40 - 11.00 **COFFEE BREAK**

FRIDAY September 22 | 2023

ROOM 1

11.00 - 13.30

BASIC AND TRASLATIONAL RESEARCH IN INTEGRATIVE MEDICINE “New results in basic research”

Chair: Fuggetta M.P.

Co-Chair: Koch K.

15 min

Tran Nhat Minh (Vietnam) - Identifying target organs of Radix Achyranthis Bidentatae: A bioinformatics approach on active compounds and genes

15 min

Luo Changyong (China) - Establishment of intelligent prescription model for respiratory and febrile diseases diagnosis and treatment of famous and veteran TCM doctor based on transfer learning

15 min

Pots Yannick (Belgium) - Implementation of New Global Integrated 35-Minor/1-Major-IMH-Theoretical-Knowledge-Matrix-Research-Model Based on Transcontinental Multidisciplinary-Multidimensional-Multimodal Eastern-&Western-Medicine-Mindsets Related-to Integrative-Oncology, Evidence-Based Cancer-Health-Care-Therapy-Systems & Patient-Centred Cancer-Health-Status-Value-Added-Creation/Optimisation

15 min

Bai Chen (China) - Analysis on the common problems of grounded theory in the research implementation on the inheritance of experience from illustrious senior TCM practitioners

New results in basic research

15 min

Pazienza Valerio (Italy) - Counteracting gemcitabine+nab-paclitaxel induced dysbiosis in KRAS wild type and KRASG12D mutated pancreatic cancer in vivo model

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

- | | |
|--------|---|
| 15 min | Tao Yang (China) - Utilizing network pharmacology and experimental validation to explore the mechanisms of Qijiafuzheng formula promoting CD8+ T cell infiltration in microenvironment of lung adenocarcinoma through STAT1/CXCL10 |
| 15 min | Hammarberg Ferri Ivano (Italy) - Protective Effect of Limosilactobacillus fermentum ME-3 against the Increase in Paracellular Permeability Induced by Chemotherapy or Inflammatory Conditions in Caco-2 Cell Models |
| 15 min | Mi-Kyung Jeong (Korea) - Bojungikki-Tang Enhances the Efficacy of Pembrolizumab Treatment in Human PBMC-Injected H460 Tumor-Bearing Mice |

ROOM 2

11.00 - 13-30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**

Chair: Lupi G.

Co-Chair: Jjaz N.

- | | |
|--------|---|
| 15 min | Brami Cloe (France) - Understanding students' motivations for participating in a mindfulness course: A qualitative analysis of medical students' views |
| 15 min | Bishop Felicity (USA) - Exploring the process of health behaviour change in traditional acupuncture practice: A longitudinal qualitative study |
| 15 min | Pyykkönen Maija (Finland) - Use of complementary and integrative health (CIH) in Finland: a cross-sectional survey |
| 15 min | Van Wietmarschen Herman (Netherlands) - A Dutch national research agenda on integrative medicine: results of a consensus-based strategy |

Miscellaneous

Bäumler Petra (Germany) - Proposal of a diagnostic algorithm for myofascial trigger points based on a multiple correspondence analysis of cross-sectional data

Voullième Silvia (Brazil) - "Connections that transform": promoting Complementary Therapies in Oncology through the patient experience

Van Wietmarschen Herman (Netherlands) - Co-creation of an evidence-based toolkit to facilitate communication on complementary medicine between general and complementary care practitioners in the Netherlands

Ng Jeremy (Canada) - A Bibliometric Analysis of the Research Literature Published in Traditional, Complementary, Alternative, and Integrative Medicine-Categorized Journals

ROOM 3

11.00

WORKSHOP

105 min

Transforming the Relationship to the Body Through Interoceptive Awareness Training

Cynthia Price - Dana Dharmakaya Colgan - Megan Sherman (USA)

ROOM 5

11.00 - 13.30

HOLISTIC INTEGRATIVE TREATMENTS

"Holistic treatments effectiveness"

Chair: Esch T.

Co-Chair: Büssing A.

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Timm Eliane (Switzerland) - Evaluating effects of an online course "Eurythmy Therapy in Cancer" on quality of life, stress, mindfulness and sleep quality in adult participants

15 min

Oei Shiao Li (Germany) - Efficacy of Tango Argentino on cancer-associated fatigue in breast cancer patients

15 min

Silva Simonia (Brazil) - Effects of osteopathic manipulative treatment in the billiary dyskinesia

15 min

Munk Niki (USA) - Comparison of Therapist-Applied Massage vs. Waitlist Control for Veterans with Chronic Neck Pain

Techniques and protocols

15 min

Picariello Felice (Italy) - Concept of Dermatofunctional Physiotherapy and endermologie with special technique

15 min

Zanini Sonia (Italy) - The role MYNd&CO protocol in pain and mobility management in pregnant women: a pilot study

15 min

Marino Pietro (Italy) - Nanomechanics and Cellular Electrodynamics: a fundamental contribution to the rationale of Manual therapies

15 min

Blow David (Italy) - Impact of elastic decompression NeuroMuscular Taping methodology modulating phasic mechanical forces in restoring lymphatic functioning after breast reconstruction

FRIDAY **September 22 | 2023**

ROOM 6

11.00 - 13.30

COVID 19 AND OTHER (POST) INFECTION DISEASES "TCM in acute infection and post-COVID 19"

Chair: Zhang T.

Co-Chair: Cooley K.

15 min

Lu Chunli (China) - Traditional, Complementary and Integrative Medicine for fatigue post COVID-19 infection: a systematic review of randomized controlled trials

15 min

Zou Xiang-Yun (China) - Traditional Chinese medicine for post-viral olfactory dysfunction: a systematic review

15 min

Jin Xinyan (China) - Traditional Chinese medicine for COVID-19 pandemic: An online cross-sectional survey among health care workers

15 min

Sabatini Federica (Italy) - Acupuncture and Traditional Chinese Medicine (TCM) in Long Covid symptoms: the experience of the Fior di Prugna Center

TCM in acute infection and post-COVID 19

15 min

Ho Fai Fai (China) - Patient Satisfaction on Traditional Chinese Medicine Telemedicine Service During the COVID-19 Pandemic: A Cross-Sectional Study

15 min

Jin Xinyan (China) - Traditional Chinese medicine for poor appetite in long COVID-19: A systematic review of randomized controlled trials

15 min

Lu Chunli (China) - Traditional, Complementary and Integrative Medicine for respiratory post-viral fatigue: an umbrella review of systematic reviews and meta-analysis of randomized controlled trials

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Liu Xuehan (China) - The characteristic and outcomes of dyspnea in studies of traditional Chinese medicine for respiratory infections related diseases: evidence from randomized clinical trials

ROOM 7

11.00

WORKSHOP

Measuring Health - Salutogenesis and Hygiogenesis-orientated Questionnaires for the Evaluation of Integrative Medicine - Theory, Evidence and Perspectives

Moderation E. Portalupi; G. Feder

Matthias Kröz, Emanuela Portalupi, Gene Feder, Erik Baars, Annette Mehl, Alyson Huntley, Gutenbrunner C., Zerm R. (Germany, USA, Italy)

ROOM 9

11.00 - 13.30

INTEGRATIVE ONCOLOGY AND CANCER CARE

"Mistletoe and Herbal Medicine"

Chair: Toledano A.

Co-Chair: Anelli L.

15 min

Baumgartner Stephan (Switzerland) - Viscum album Lipophilic Extract in Actinic Keratosis, Cutaneous Squamous Cell Carcinoma and Basal Cell Carcinoma: A Retrospective Case Series

15 min

Bai Chen (China) - On the Core Prescriptions and Their Mechanisms of Traditional Chinese Medicine in Hepatitis B-Liver Cirrhosis-Liver Cancer Treatment

15 min **Wan Yuxiang (China)** - Uncovering Active Ingredients and Mechanisms of Huaier on Modulating Metabolic Reprogramming of Hepatocellular Carcinoma: A Study Based on Network Pharmacology, Molecular Docking and Bioinformatics

15 min **Thomae Anita V. (Switzerland)** - Development of self-care eLearning courses for cancer patients: An implementation research project with broad stakeholder engagement

Homeopathy and Counseling

15 min **Rossi Elio (Italy)** - Integrative oncology in the Public Hospital of Lucca (Italy): Outcome results of 10 years of activity

15 min **Master Farokh (India)** - Efficacy of Homoeopathy in Advanced Solid Tumors of Brain and Spinal cord

15 min **Kwong Ming Hong (China)** - Factors influencing the implementation of integrative oncology interventions in cancer care: Theoretical Domains Framework guided systematic review

15 min **Dürsch Helena (Germany)** - A qualitative exploration of the facilitators and barriers affecting the implementation of a counseling program on complementary and integrative healthcare: Perceptions of patients and counselors.

ROOM 10

11.00 - 13.30 **INTEGRATIVE ONCOLOGY AND CANCER CARE**

“Program and Protocols in Cancer”

Chair: Ortiz M.

Co-Chair: in progress

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Cracolici Franco (Italy) - The multidisciplinary reality of the Oncology Department of the Tuscany Health Authority USL Sud Est

15 min

Waarsenburg Elkana (Netherlands) - The Transdiagnostic Oncology Program (TOP), a combined lifestyle intervention for improving the quality of life of cancer survivors: a controlled before-and-after pilot study in the primary care setting

15 min

Gimalac Anne (Switzerland) - Integrative oncology and the terrain approach in Traditional European Medicine (TEM): a Swiss perspective

15 min

Grant Suzanne (Australia) - Prehabilitation and Integrative Oncology for Women with Cancer receiving Chemotherapy: Co-design and Qualitative Study

Clinical Homeopathy

15 min

Iasiello Antonietta (Switzerland) - Treatment of cancer patients at the "Dr Spinedi" clinic: therapeutic model and timing of interventions with classic homeopathy in cancer treatment in a complex case of colon carcinoma

15 min

Lilova Mariya (France) - Evaluation of the role of homeopathy in an integrative care day hospital for oncology outpatients in Strasbourg (France). A qualitative study

15 min

Master Farokh (India) - Efficacy of Homeopathy in advanced metastatic cancer pain management

ROOM 11

11.00 - 13.30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

“Clinical experiences and research”

Chair: Edwards E.

Co-Chair: Senatori R.

15 min

Di Giampietro Tiziana (Italy) - Updating Hahnemann’s Language

15 min

Temple Leslie Mendoza (USA) - The Yin and Yang of Cannabis in Medicine: Evidence-Based, Practical Knowledge for the Busy Clinician

15 min

Löbel Katja - Herbal medicines in Chile: views and experiences of healthcare providers

15 min

Willcox Merlin (UK) - Feasibility of clinical trials on herbal medicines in UK primary care: lessons learned

Mental Health

15 min

Ijaz Nadine (Canada) - Motivations, Training, and Practice Characteristics of Integrative Medical Doctors in Ontario, Canada: An Exploratory Study

15 min

Ghelman Ricardo (Brazil) - Meditation: Evidence Map of Systematic Reviews

15 min

Nawab Mohammad (India) - Understanding cerebroasthenia (Zuf al Dimagh): A rational approach for its assessment and treatment in clinical practice

15 min

Berschick Julia (Germany) - From Burnout to Breakthrough. Mental Health at German Hospitals: Grey Literature Review with Semi-structured Interviews

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

13.30 - 14.30 **LUNCH**

ROOM 1

13.30 - 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

ROOM 6

13.30 - 14.30 **ROUND TABLE LUNCH WITH STUDENTS**

ROOM 9

13.30 - 14.30 **ROUND TABLE LUNCH WITH NURSES**

ROOM 10

13.30 - 14.30 **ROUND TABLE LUNCH WITH NURSES**

Aula Magna

14.30 - 16.10 **Plenary 4: PEDIATRIC INTEGRATIVE MEDICINE**

Chair: Vagedes J.

Co-Chair: Von Schoen-Angerer T.

25 min **Ines von Rosenstiel (Netherlands)** - Implementation and Advocacy

25 min **Ricardo Ghelman (Brazil)** - Policy informed by evidence: Evidence Map of Systematic Reviews on Integrative Pediatrics

25 min **Sunita Vohra (Canada)** - Pediatric integrative medicine research needs and opportunities to build evidence with each patient seen

20 min **Q&A**

16.05 - 5 min **Holger Cramer (Germany)** - Presentation of ICIMH / ISCMR conference in Cleveland in April 9-13 2024

16.10 - 16.30 **COFFEE BREAK**

Aula Magna

16.30 - 18.40 **Plenary 4: PEDIATRIC INTEGRATIVE MEDICINE**

Chair: Ghelman R.

Co-Chair: Macrì F.

10 min **Kim Sungchol (Switzerland)** - Perspective from WHO Traditional, Complementary and Integrative Medicine Unit

10 min (Recorded Video) **Kathi Kemper**- Pearls from a Pioneer **10 min (Recorded Video)**

10 min **Darong Wu (China)** - Historical development and application of traditional/complementary medicine in children's health care: a prospective from China

10 min **Catharina Amarell (Germany)** - Historical background of Integrative Pediatrics in Europe

10 min **Hilary McClafferty (USA)** - Pediatric Integrative Medicine in Residency (PIMR) Program

10 min **Ann Ming (USA)** - Training the Next Generation of Integrative Pediatricians: A Novel Pediatric Integrative Medicine Clinical Fellowship

10 min **Alfred Längle (Germany)** - Complementary Medicine in pediatric oncology - Trainings needs of pediatric oncologists - Development and evaluation of a blended learning training

10 min **Erica Sibinga (USA)** - Investigating the experience of an audio-based mindfulness vs. control program for mothers with infants in the neonatal intensive care unit at Johns Hopkins School of Medicine

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

10 min
(Recorded Video)

Tanuja Nesari (India) - Research with Ayurveda in Pediatrics at All India Institute of Ayurveda, Ministry AYUSH (Recorded Video)

10 min

Georg Seifert (Germany) - A Quest for Healthy Childhood in German-speaking Countries: challenges, and research contributions of integrative medicine and future trends

10 min

Q&A

ROOM 1

16.30 - 18.30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

Chair: in progress

Co-Chair: Lauche R.

15 min

Brami Cloe (France) - How to reduce empathic distress and increase emotional skills in medical training? Experience of a Mindfulness-Based stress reduction class vs. control group in France

15 min

Steinmetz Melanie (Germany) - Development of a Burnout and Stress Prevention Intervention with Mind-Body Medicine for Healthcare Professionals Using Critical Synthesis of Multi-Method Research - Results of the Needs Assessment

15 min

Harnett Joanna (Australia) - Defining and supporting a professional role for pharmacists associated with traditional and complementary medicines - a cross-country study

15 min

Busch Martine (Netherlands) - Developing the Integrative Nursing Education Series Handbook for Teachers

FRIDAY **September 22 | 2023**

Miscellaneous

- 15 min **Kokornaczyk Maria Olga (Switzerland)** - Multi-cancer detection based on pattern formation in drying body fluids: a systematic review and meta-analysis of diagnostic test accuracy studies
- 15 min **Staab Carina (USA)** - Updating clinical prediction models for nonrecovery in older adults with back pain using only patient-reported outcomes
- 15 min **Sabater Ana (Spain)** - Practical applications of pharmacogenetics in anticoagulant treatment
- 15 min **Sameer Kassem (Israel)** - Integrative Medicine in Treating Uncontrolled Diabetes in North Israel. A Proposal for Culture-Tailored Approach

ROOM 2

- 16.30 - 17.30 **CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION**
“Herbal medicine and homeopathy”
Chair: Grant S.
Co-Chair: Hoenders R.
- 15 min **Blakeslee Sarah (Germany)** - Collecting scientific data or herding cats? Lessons from integrative medicine interventions especially with children in real-world settings
- 15 min **Shen Chen (China)** - Clinicians' and pharmacists' perceptions, attitudes, and clinical practices regarding herb-drug interactions: a cross-sectional survey
- 15 min **Maunder Alison (Australia)** - The role of naturopathy for women with diminished ovarian reserve: surveys, a Delphi study and a feasibility randomised controlled trial

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

- | | |
|--------|--|
| 15 min | Marino Francesco (Italy) - A comprehensive database of scientific evidence: a vital need for the homeopathic Community |
| 15 min | Liu Xuehan (China) - Traditional Chinese Medicine for pain related to respiratory virus infection: an overview |
| 15 min | Guoyan (Emily) Yang (China) - Ginkgo Biloba for Mild Cognitive Impairment and Alzheimer's Disease: An Updated Systematic Review and Meta-Analysis of Randomized Controlled Trials |

ROOM 3

- | | |
|---------|--|
| 16.30 | WORKSHOP |
| 105 min | An Experiential Workshop on Transpersonal Integrative Medicine for Adults and Children: Supporting the Human Spirit Allows the Body to Optimally Accept Contemporary Medicine
<i>David Steinhorn, Jana Din, Al Striplen (USA) - Chagala Ngesa (Africa)</i> |

ROOM 5

- | | |
|---------------|---|
| 16.30 - 18.30 | CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION
<i>Chair: Stock-Schröer B.</i>
<i>Co-Chair: Gowan D.</i> |
| 15 min | Ho Leonard (UK) - Quantification of prevalence, clinical characteristics, co-existence, and geographic variations of traditional Chinese medicine diagnostic patterns via latent tree analysis |
| 15 min | Ortiz Miriam (Germany) - Clinical Effects of Kneipp Hydrotherapy - a Systematic Review of Randomized Controlled Trials |
| 15 min | Linr Run Lin (China) - Methodological Issues of Zelen's Design and its Applications in TCM Clinical Trials |

15 min **Liang Changhao (China)** - How well did the consensus methods apply in the guideline development of traditional Chinese medicine: A Web-Based Survey in China

Miscellaneous

15 min **Tesser Charles (Brazil)** - Scientific evidence for the use of auriculotherapy in primary health care

15 min **Siewert Julia (Germany)** - Hydrotherapy and acupuncture in restless legs syndrome - a randomized, controlled, three-arm, explorative clinical trial

15 min **Price Cynthia (USA)** - Interoceptive Awareness Training for Chronic Pain Treatment: A Pilot Implementation Science Study in an Integrative Health Clinic

15 min **LLiu Xuehan (China)** - Effectiveness and safety of Moxing Shigan Decoction for community-acquired pneumonia: A systematic review and meta-analysis of randomized controlled trials

ROOM 6

16.30 - 18.30 **BASIC AND TRASLATIONAL RESEARCH IN INTEGRATIVE MEDICINE**

Chair: Samstag Y.

Co-Chair: in progress

15 min **Zidenberg Bat Zion (Israel)** - The effect of reflexology on anxiety and the use of epidural anesthesia during advanced stages of labour: a randomized control trial

15 min **Lee Ye-Seul (Korea)** - Machine learning model to predict short-term outcomes following acupuncture and manual therapy for lumbar disc herniation using electronic health records

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Braunwalder Céline (Switzerland) - Phytotherapy and Anthroposophic medicine as a treatment option for allergic rhinitis: A systematic review

15 min

Zhou Phoebe (Australia) - Development of a synergistic combination for endothelial dysfunction in cardiovascular diseases

Miscellaneous

15 min

Landenberger Martin (Belgium) - Strategy change in oncology- individual adaptation of conventional and complementary therapy strategies based on tumor gene expression and sensitivity of circulating tumor cells

15 min

Takayama Kento (Japan) - The diet-induced differences in gut microbiota determines the responder / non-responder of Daiokanzoto (Da-Huang-Gan-Cao-Tang)

15 min

Zhang Wei (China) - Gengniansh ou Decoction Increases Estrogen Level without Side Effects on Reproductive Tissues in Ovariectomized Rats

15 min

Piqué-Borràs Maria-Riera (Switzerland) - Investigating the Potential Anti-Inflammatory Effects of an Herbal Mixture Preparation on Inflammatory Bowel Disease

FRIDAY **September 22 | 2023**

ROOM 7

16.30

WORKSHOP

105 min

Stakeholder Input into the new WHO Global Strategy for Traditional, Complementary and Integrative Medicine

The workshop is organized by the "People's Declaration on Traditional, Complementary and Integrative Healthcare" (TCIH Declaration), a coalition of over 300 professional and patient organizations, research and education centers

Kim Sungchol, Head of the Traditional, Complementary and Integrative Medicine Unit at the WHO

Tido von Schoen-Angerer, Mimi Guarneri Jianping Liu, Susan Wieland, Dennis Chang, Myeong Soo Lee, Heather Boon, Natalia Sofia Aldana Martinez, Thomas Breitreuz, Nadine Ijaz

ROOM 9

16.30 - 18.30

INTEGRATIVE ONCOLOGY AND CANCER CARE

"Cannabis in Cancer"

Chair: Rostock M.

Co-Chair: Episodio M.

15 min

Lee T. Richard (USA) - Patients and Clinicians Perspectives about Cannabis Use While Receiving Cancer Treatment at a Comprehensive Cancer Center (CCC)

15 min

Schloss Janet (Australia) - Increased Survival Rate in High Grade Glioma patients with Medicinal Cannabis

15 min

Mitidieri Marco (Italy) - High dosage supplementation with pharma grade CBD in ovarian cancer patients, a study proposal

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Harnett Joanna (Australia) - Cannabis-drug interactions: what do Australian pharmacists and health care professionals need to know?

Integrative Oncology Treatments

15 min

Bonucci Massimo (Italy) - Integrative therapy in triple-negative breast cancers: observational study in 48 patients

15 min

Vollbracht Claudia (Germany) - Systematic review: Evidence for high-dose intravenous vitamin C in oncology

15 min

Schloss Janet (Australia) - Naturopathic herbal management of lung, colorectal and skin cancer: International practitioner survey

15 min

Schloss Janet (Australia) - Traditional and Contemporary Herbal Medicines in Management of Cancer: A Scoping Review

ROOM 10

16.30 - 18.30

CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION

Chair: Ijaz N.

Co-Chair: Guido C.

15 min

Ghelman Ricardo (Brazil) - Evidence Map - Clinical Effectiveness of Anthroposophic Medicine

15 min

Lin Tong (China) - Application of Response Adaptive Randomization and Simulations in Clinical Trials of Traditional Chinese Medicine

15 min

Frost Rachael (UK) - Over-the-counter medicines, herbal medicines and dietary supplements for depression, anxiety and insomnia: A scoping review

15 min

Dolakova Klara (CZ Republic) - Integrating CAM within national healthcare: professionals' experiences and views of CAM integration within the NHS in the context of ethics

Miscellaneous

15 min

Timm Eliane (Switzerland) - Evaluation of the Integrative Medicine in Intensive Care program - External Applications as a Complementary Medicine Supplement for Intensive Care Patients

15 min

Kröger Birgit (Germany) - Development and evaluation of a training program for interprofessional counseling on complementary and integrative health care for an as part of the CCC integrative study

15 min

Park A-La (UK) - Cost-Effectiveness of Chuna Manual Therapy and Usual Care, Compared with Usual Care Only for People with Neck Pain following Traffic Accidents: A Multicenter Randomized Controlled Trial

15 min

Srinivasan Roshini (USA) - Becoming WHOLE: A Whole Health Operation for Learning and Empowerment for Caregivers across the University Hospitals Health System

ROOM 11

16.30 - 18.15

INTEGRATIVE ONCOLOGY AND CANCER CARE

“Integrative Medicine in Cancer Patients”

Chair: Andreazzoli F.

Co-Chair:

15 min

Picchi Marco (Italy) - Patients refusing anticancer treatments and Complementary and Integrative Medicine

CONFERENCE PROGRAM

FRIDAY **September 22, 2023**

15 min

Hök Nordberg Johanna (Sweden) - Exploring the Challenges of Communicating about Complementary and Alternative Medicine When Cancer Patients Decline Conventional Treatment: A Qualitative Study of Patients

15 min

Jong Miek (Norway) - A mixed method randomized controlled pilot study assessing the feasibility, safety, and impact of a wilderness experience for adolescent and young adult cancer survivors: the WAYA study

15 min

Büssing Arndt (Germany) - Spiritual Care as part of Integrative Medicine approaches requires documentation of patients' existential and spiritual needs: Implementation of the Spiritual Needs Screener in Palliative Care Counseling

Mushrooms treatments

20 min

Santosshi Narayan (USA) - Medicinal mushrooms in cancer care

15 min

Grant Suzanne (Australia) - Medicinal Mushrooms and Cancer: Scoping Reviews

15 min

Gascón Pere (Spain) - Nanoemulsified fungal actives emerge as natural immunoadjuvants for cancer prevention and treatment in ongoing clinical trials

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

CLOISTER - Angelicum Congress Center

07.00 - 08.00

TUINA - QI QONG COURSES by FISTQ (Italian Federation of Tuina and Qi Gong schools)

Angelicum Congress Center

08.00 - 08.30

Registration and reception

Aula Magna

08.30 - 09.30

Plenary 5: Arts and Medicine

Chair: S. Willich / B. Brinkhaus

15 min

Claire Oppert - Music in palliative care

15 min

Iva Fattorini - Contemporary arts and medicine

15 min

Stefan Willich (Germany) - in progress

15 min

Discussion Q&A

Aula Magna

09.45 - 11.15

Plenary 6: Nutrition in relationship to Human and Planetary Health

Chair: Sian Cotton / Elio Rossi

25 min

Alessio Fasano (USA) - in progress

25 min

David Eisenberg (USA) - Teaching Kitchens as Future Learning Laboratories

25 min

Gustav Dobos (Germany) - Healthy and sustainable diet for people and planet

20 min

Discussion Q&A

SATURDAY **September 23 | 2023**

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

11.15 - 11.45

COFFEE BREAK

Aula Magna

11.50 - 13.30

INTEGRATIVE ONCOLOGY AND CANCER CARE
“Integrative Oncology: present and future”

Chair: Hammarberg Ferri I.

Co-Chair: Raffaele M.

20 min

Breitkreuz Thomas (Germany) - The KIM experience: a model for implementation of Integrative Oncology-services in hospitals and cancer centres

20 min

Bao Ting (USA) - in progress

15 min

Toledano Alain (France) - The French Society of Integrative Oncology (SFIO): an Integrative Oncology à la française

15 min

Grant Suzanne (Australia) - Integrative Oncology Research Program at an Australian Cancer Hospital

15 min

Bagot Jean-Lionel (France) - Homeopathic recommendations in integrative oncology by expert consensus methodology: user friendly clinical guidelines for best practice

15 min

Juma Al Lawati Taha Mohsin (Oman) - Cancer Burden in Oman and Gulf Region

15 min

Ben-Arye Eran (Israel) - Considering European Society for Integrative Oncology (ESIO) with the SIO: working together for a better future

ROOM 1

11.50 -13.05

PEDIATRIC DISEASES

“Miscellaneous”

Chair: in progress

Co-Chair: in progress

SATURDAY September 23 | 2023

15 min	Pasqualucci Paula (Brazil) - An Unit of Integrative Pediatrics in Brazil: Present and Future
15 min	Galli Matteo (Italy) - Osteopathic manipulative treatment (OMT) in children operated on for congenital pulmonary malformations (CPM) A case series
15 min	Blakeslee Sarah (Germany) - Watering sprouts. Barriers, hurdles and opportunities to implementing a health and lifestyle concept with preschool children - qualitative observations and lessons learned
15 min	Stub Trine (Norway) - A qualitative study among healthcare providers on risks associated with the use of supportive care for cancer treatment-related symptoms in children and adolescents
15 min	Bottaccioli Giulia (Italy) - Empathy at school project (ESP). Effects of didactics of emotions® on psycho-biological variabilities among primary school children: results of a controlled longitudinal study and implications for further research perspectives
15 min	Martínez García Esther (Spain) - Pioneering integrative pediatric oncology unit in Spain: advancing care models and clinical objectives

ROOM 2

11.50 - 13.30	<p>INTEGRATIVE ONCOLOGY AND CANCER CARE</p> <p>“Integrative Processes and treatments”</p> <p><i>Chair: in progress</i></p> <p><i>Co-Chair: Stylianou C.</i></p>
15 min	Belvedere Katia (Italy) - Integrating conventional and complementary treatments in cancer care: the process within the public healthcare system of the region of Tuscany, Italy

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

15 min

Fiorentini Giammaria (Italy) - Integrative hyperthermia versus chemotherapy in patients with locally advanced pancreatic cancer: a multicenter retrospective observational comparative study on 217 patients

15 min

Barth Jürgen (Switzerland) - Effectiveness of a mindfulness and relaxation app on distress in people with cancer (CanRelax)

15 min

Di Palma Annamaria (Italy) - Ozone therapy in the management of collateral effects related to the use of hormone therapy in prostate cancer

Diet and cancer

15 min

Ee Carolyn (Austria) - The role of integrative oncology in managing weight gain after breast cancer

15 min

Anelli Lorenzo (Italy) - Don't eat what you want! 10 reasons why it is necessary to give the utmost importance to nutrition in colorectal cancer

ROOM 3

11.50 - 12.50

COVID 19 AND OTHER (POST) INFECTION DISEAS

"Complementary Integrative Medicine in post-COVID 19 symptoms"

Chair: Baars E.

Co-Chair: Kröz M.

15 min

Lu Chunli (China) - Chinese herbal medicine ShufengJiedu capsule for patients with mild to moderate coronavirus disease 2019 (COVID-19): a two-center, randomized, double-blind, placebo-controlled trial

15 min	Bai Chen (China) - Combining metabolomics and 16s rDNA sequencing to reveal the mechanism of Moxing Shigan Decoction in treating pneumonia
15 min	Rong Hongguo (China) - A scoping review of Chinese medicine for monkeypox: suggestions from other contagious viral pox-like diseases
15 min	Büssing Arndt (Germany) - Wondering awe and gratitude buffers yoga practitioners' psychological wellbeing during the COVID-19 pandemic - Findings from three consecutive cross-sectional surveys
15 min	Lu Chunli (China) - Traditional, complementary and integrative medicine for dermatoses related to human coronavirus infection: a systematic review

ROOM 6

11.50 - 12.50	<p>HOLISTIC INTEGRATIVE TREATMENTS</p> <p><i>Chair: Haller H.</i></p> <p><i>Co-Chair: Harnett J.</i></p>
15 min	Peçanha Doris Lieth (Brazil) - Students' quality of life: assessment intervention with yoga
15 min	Van den Bosch Maurice (Netherlands) - A.R.I.S.E. Standing Yoga for improved self-care and resilience of healthcare professionals
15 min	Romano Fausta and Siniscalco Anna (Italy) - An Integrated Tai chi Chuan-Psychoanalysis Training Model. A Pilot Experience
15 min	Scapecchi Massimiliano (Italy) - Facial Reflexology as a mindfulness technique in oncology
15 min	Fan Ming Yue (China) - A critical appraisal of clinical practice guidelines on massage using the AGREE II instrument
15 min	Nesi Jacson (Brazil) - Osteopathy and Medical Rationalities

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

15 min

Vollbehr Nina (Netherlands) - The ethics of yoga in (mental) healthcare: beyond the traditional Eightfold path

ROOM 7

11.50 - 13.30

"Towards the foundation of the European Network of Integrative Oncology"

EUROCAM, ARTOI, CRMI Tuscany e KIM Baden - Württemberg

Baldini Elisa (Belgium/Germany) - EUROCAM

Bonucci Massimo (Italy) - ARTOI Foundation

Rossi Elio Giovanni (Italy) - Tuscan regional centre of integrative medicine

Breitkreuz Thomas (Germany) - Competence Network on Integrative medicine in Baden-Württemberg

ROOM 8

11.50 - 12.50

INTEGRATIVE PEDIATRIC ONCOLOGY

Chai: Bonucci M.

Co-Chair: Yamamura M.

15 min

Nirupa J. Raghunathan (USA) - Integrative Pediatric Oncology at Memorial Sloan Kettering Hospital

15 min

Georg Seifert (Germany) - Integrative Pediatric Oncology at Charité Universitätsmedizin Berlin, Department of Pediatrics, Division of Oncology and Hematology

15 min

Chen Yun (China) - Integrative Oncology for Childrens at Shandong University

15 min

Paula Lage Pasqualucci (Brazil) - Integrative Pediatric Unit in the São Paulo University Hospital of Pediatric Oncology ITACI

15 min	Raviv Peleg (Israel) - Pediatric integrative oncology program in Schneider Children's Medical Center
15 min	David Steinhorn (USA) - Supporting the Human Spirit through Transpersonal Integrative Medicine at Capital Caring Health
10 min	Q & A

ROOM 9

In progress	ROUND TABLE BREAKFAST WITH STUDENTS
-------------	--

ROOM 10

In progress	ROUND TABLE BREAKFAST WITH NURSES
-------------	--

ROOM 11

11.50 - 13.05	CIM CLINICAL PRACTICE, RESEARCH AND EDUCATION <i>Chair: Hummelsberger J.</i> <i>Co-Chair: Desiderio F.</i>
15 min	Yang Guoyan (Australia) - Effects and mechanisms of Tai Chi on mild cognitive impairment and early-stage dementia: A scoping review
15 min	Hoenders Rogier (Netherlands) - An outpatient clinic for integrative mental health: patient characteristics and health outcomes based on patient reported routine outcome monitoring data
15 min	Leis Anne (Canada) - Effectiveness of Integrative Medical Care For Adult Depression: A Quasi-Experimental Study
15 min	Simões-Wüst Ana Paula (Switzerland) - Bryophyllum pinnatum and improvement of nocturia and sleep quality in women: a multi-centre, non-randomised prospective trial

CONFERENCE PROGRAM

SATURDAY **September 23, 2023**

15 min

Landgraaf Raymond (Switzerland) - Acupuncture and low-carb diet: an innovative and non-invasive treatment for obesity

15 min

Macri Francesco (Italy) - One Health model and Integrative Medicine

13.30

CLOSING CONGRESS



present



CALLS TO ACTION

[REGISTER NOW](#)
[JOIN THE GALA DINNER](#)
[CALL FOR WORKSHOP](#)
[CALL FOR SPONSORSHIP](#)

Submitted more than 600 abstracts, from 40 different countries!

[PRELIMINARY PROGRAM](#)
[WORKSHOPS PROGRAM](#)

[INTERNATIONAL AWARDS](#)
[VIEW TOPICS](#)
[ENVIRONMENTAL SUSTAINABILITY](#)

Massimo Bonucci
 PhD-Master Integrative Oncology
 School of Medicine, Sapienza University, Rome
 Chief Consultant, Osp. Tiberia Hospital, Giustiniani Institute, Rome
[View Profile](#)

Holger Cramer, PhD, MSc
 Professor, ICMR
 Professor (Chair) of Research Complementary Medicine
 University Hospital Tübingen
 Baden Health Campus, Göttingen
[View Profile](#)

SEE ALL

62 Days
02 Hours
44 Minutes
27 Seconds

INVITED SPEAKERS



Prof. B. Saper
 Robert
 Chair, Department of
 Wellness & Preventive
 Medicine



**Prof. Biagetta
 Giacinto**
 Professor of
 Pharmacology
 Department of Pharmacy,
 Health Science and
 Nutrition University of
 Calabria



Prof. Ben-Arye Eran
 Herta and Paul Amirson
 Lin Medical Center Israel



**Prof. Breikreuz
 Thomas**
 Director, Internal Medicine
 and Palliative Care,
 Paracelsus-Krankenhaus
 Unterturkheim,
 Germany – Spokesman for
 the Competence Network
 Integrative Medicine
 Baden-Württemberg
 (KIM), Ulm

SEE ALL

**ADVANCING INTEGRATIVE MEDICINE AND HEALTH
 TOWARDS EVIDENCE-BASED AND PATIENT-CENTERED
 COMPREHENSIVE CARE**

2nd WORLD CONGRESS INTEGRATIVE MEDICINE AND HEALTH
 IN ROME, ITALY, SEPTEMBER 20th to 23th 2023